



# 1:1 THERAPEUTIC RECREATION SERVICE

THERAPEUTIC RECREATION PROGRAM

*The day program that comes to you...*

We provide one-to-one programs tailored for your loved one's evolving needs to help them get the most out of life.

(Clients can include those who are lonely, isolated, have dementia, mental health or suffered a stroke.)



We provide services in the community, long-term care, retirement homes, hospitals, and group homes.



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## *How our Therapeutic Recreation Program can help...*

### Benefits to the Caregiver:

- Respite/time off
- Knowing our employees are fully insured, including WSB
- The cost is tax-deductible as a medical expense
- Caregivers are free to leave during sessions

### Benefits to the Client:

Improve or maintain the following:

- Self-confidence
- Independence
- Social skills
- Physical abilities
- Cognitive abilities
- Communication skills
- Memory & concentration
- Eye/hand coordination
- Sense of purpose

