

ADULT COGNITIVE WELLNESS CENTRE

"A Dementia Centre without Walls"

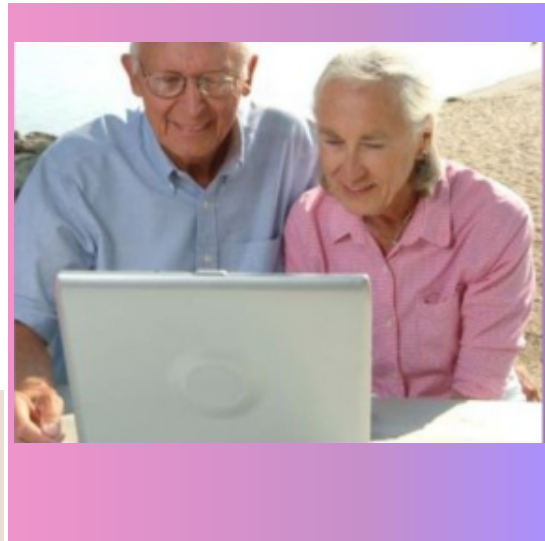
New Virtual Socialization & Cognitive Stimulation Sessions

WE FOCUS ON ABILITY



We are now offering online support for people living with symptoms of dementia. We offer special sessions for those with:

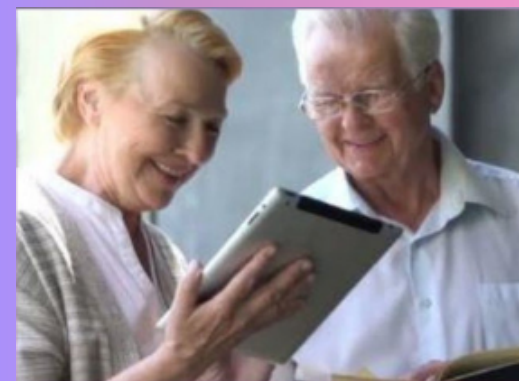
- Early symptoms of dementia
- Moderate symptoms of dementia
- Young onset dementia - under 65yrs



Personalized & meaningful time spent with peers and industry-experts!



Email us today to learn more.



Our Montessori Program is about knowing and rediscovering the person living with dementia in order to provide them the best and the most appropriate support based on where they are on their "dementia journey."

Benefits to our participants:

- Meet new friends from home
- Reduced isolation & stress and improved mood
- Cognitive stimulation to help maintain or improve current abilities
- Increased sense of purpose and enhanced self-esteem
- Respite for family caregivers



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